

A GUIDE TO: UNDERSTANDING ACCESS SUPPORT

ACCESS SUPPORT WORKERS:

The role of an Access Support Worker varies and **depends on the applicant's specific needs** but often includes:

- Helping process the application questions and forms
- Note-taking and interpreting ideas to write up answers
- Submitting the application
- Signposting to other resources
- Reaching out to the funding body on the applicant's behalf

HOW LARA MONRO CAN SUPPORT YOU:

As an Access Support Worker and Bid Writer, Lara Monro helps **alleviate any anxiety** around the application process by offering her **expertise, guidance and encouragement**.

Lara can help you formulate your ideas to finesse them into a **coherent application**.

SECURING SUPPORT:

To secure the support of an Access Support Worker, you will need to submit a request via [this online form](#).

As part of the request, you will need to **outline your barriers** and share a breakdown of the support you will be getting from your support worker.

Lara can assist in **summarising** your access needs and writing the breakdown of the support you will need.

HAVE YOU CONSIDERED CREATING AN ACCESS RIDER?

Access riders are documents that detail information about an individual's **access requirements**.

They can stop endless conversations about access by offering a considered and **detailed list** of what might be needed and when, to enable employers, colleagues, and others to simply know **how best to support** someone without assumptions and guesswork.

This Access Rider Guide contains an introduction to what an access rider is, where and how it can be used and what you might want to include in yours, as well as other resources available that also look at this subject.

Visit the following for useful examples:

- **Musicians Union**
- **Diversity Arts Culture**
- **Disability Arts Online**

To find out how Lara can support you, feel free to get in touch with her directly: contact.workingwith@gmail.com